

# SEED PAPER ACTIVITY

This activity is a great way to use recycled paper to make a unique gift for a friend, family member or just for you to enjoy.

## Materials needed:

- Any kind of paper
- Mixing bowl or blender
- Water
- Food coloring (optional)
- Cookie cutters
- Plastic wrap or parchment paper
- Small seeds, like a flower



Once you have all of your materials, it's time to start crafting:



### STEP 1: Tear the paper

Tear your paper into small pieces and place in your mixing bowl or blender.



### STEP 2: Add water

However much paper you tore, add double the amount of water to your mixing bowl or blender.



### STEP 3: Pulp it

Once it is blended, squeeze all the water out and remove any big paper clumps. Your paper mixture should be a consistent pulp.



### STEP 4: Add your seeds

Add your selected seeds and mix with a spoon - don't use the blender or your seeds will be damaged. Remember to write down which seeds you planted!



### STEP 5: Make your shapes

Lay out your plastic wrap or parchment paper and use your cookie cutters or hands to make fun shapes. Remove any excess water that appears during this step.



### STEP 6: Optional add food coloring

Drop food coloring onto your seed paper shape for a desired color pattern.



### STEP 7: Let it dry

Let your seed paper dry completely, you can also use a hair dryer on a cool setting to speed up the process.

## Get social before and after

With a parent or guardian's permission, post a before and after photo of your seed paper and tag us at [@vadot](#) or use [#valoversnotlitter](#). We'd love to see your designs and how your flower spouts have bloomed!

## Planting your seed paper

After your seed paper is dry, lightly sandwich your seed paper between the soil and water. In a few days you should see the spouts appearing.